



Permanent Makeup by Michelle Louise

Permanent Makeup Before & Aftercare Instructions

IMPORTANT INFORMATION

This document contains important information. Please read it carefully.

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Permanent Makeup Before Instructions

Taking good care of your permanent makeup is crucial to achieving the best result.

ALL PROCEDURES

When making an appointment date for a permanent makeup procedure, keep in mind the healing time of the procedure.

Plan a shopping trip ahead of time for items you will need: ointments, straws, napkins for blotting, Q-tips (cotton buds), over-the-counter pain reliever, prescriptions, a good book or movies.

Do not have a procedure close to going on holiday as you may not be able to avoid sun, wind, or other items listed in post-care instructions detailed below.

You may experience some post-procedural swelling and redness, for this reason we advise you not to make social plans on the day of your procedure.

Do not take Aspirin, Paracetamol or Ibuprofen for 2 days before or 2 days after your procedure.

Do not discontinue any prescribed medication without consulting your Doctor.

Do not drink Alcohol for 24 hours prior to your procedure.

Clients considering Botox or dermal fillers are advised to have their Permanent Makeup procedure done at least 4 weeks prior, or wait until all Permanent Makeup sessions have been completed and are healed.

EYEBROW PROCEDURES

Eyebrow tinting, waxing, threading or electrolysis should be performed at least one week prior to your appointment.

It is helpful if you normally wear eyebrow pencil or powder to do so on the day of your appointment as this will enable the technician to see your preferred shape.

EYELINER PROCEDURES

If you normally wear contact lenses, please ensure these have been removed 24 hours prior to your appointment and that you have your glasses with you on the day as you will not be able to wear your contact lenses for at least 24 hours after the procedure.

Eyelash extensions should be removed professionally at least one week before your procedure.

If you suffer with Ocular Herpes, please inform us of this when making your appointment so that we can advise you on any pre-procedure care you may need to seek.

LIP PROCEDURES

If you have a history of cold sores (Herpes Simplex) and wish to have a lip enhancement, we advise you to use anti-herpes medication such as Zovirax (Acyclovir ointment) 5 times per day for one week prior and one week post procedure, to reduce the risk of an outbreak by 50%. This can be purchased over the counter at most chemists.

Oral herpes medication (Acyclovir tablets) are available with a prescription from your Doctor and will control the risk of outbreaks almost completely.

Permanent Makeup does not cause cold sores but if you are a carrier of the virus and have had outbreaks in the past, the trauma of the infusion process may trigger an outbreak.


IPL and laser procedures around the mouth should be performed no less than 2 weeks before your lip procedure.

Waxing and bleaching treatments around the mouth should be performed no less than 2 weeks before your lip procedure.

Electrolysis procedures around the mouth should be performed no less than 2 weeks before your lip procedure.

Dermal filler procedures in the lips should be performed no less than 2 weeks before your lip procedure.

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Permanent Makeup Aftercare Instructions

Proper care following your enhancement is necessary to achieve the best results.

General Advice

You may experience swelling, tenderness, redness and bruising for the next 4 days.

Avoid direct sun, tanning treatments, Jacuzzis, saunas, salt water, pools and direct shower spray for the first 2 weeks after the procedure. Take a bath instead of showering to avoid wetting the treated area.

If you are planning a chemical peel, eye surgery or an MRI scan, inform your Doctor of your permanent cosmetics.

You may not be eligible to donate blood for a year.

No beauty treatments or makeup close to the area for 5 days.

Approximate healing is 14 days, this can be prolonged by factors such as a compromised immune system, stress or poor diet.

As we work with the skin, some unevenness of colour is to be EXPECTED. In some instances, the pigment can fade as much as 80% of the original colour. You may require a retouch procedure (between 4 weeks and within 3 months after first application).

It is very important to make a follow up appointment for 4 to 6 weeks after the initial procedure in order to refine the new permanent makeup. This will ensure a beautiful and pleasing result is achieved and will increase the longevity of the procedure.

EYEBROW PROCEDURES

Dry healing achieves the best results.

Do not SPLASH WASH your face.

If your enhancement gets wet, pat it dry with a clean tissue.

Anti-inflammatory medications can help to relieve any pain and swelling you might experience in the first 48 hours.

DO NOT rub, pick or scratch the treated area. Itching is normal. Let any scabbing or dry skin exfoliate naturally. PICKING MAY CAUSE SCARRING!

Keep your hair away from your enhancement to prevent infection.

For the first 7 days:

- AVOID sleeping on your face.
- AVOID heavy sweating.
- NO swimming, saunas or steam rooms.
- NO other creams, makeup or any other products on treated area.
- NO facials, Botox, chemical treatments and microdermabrasion for 4 weeks.
- Avoid direct sun exposure or tanning for 4 weeks after procedure.

Long term care:

- Keep skincare products with retinol and acids away from the brow area - it will make it fade quicker.
- Keep out of the sun and always wear sunscreen as sun exposure will prematurely fade your enhancement.

EYELINER PROCEDURES

For the first few days, use ice packs, protected with fabric, to reduce swelling.

Dry healing achieves the best results, unless you experience watery eyes. If so, apply the healing balm or Vaseline at least 3x per day as directed until all the scabs are off.

If your eye enhancement displays any signs of conjunctivitis, get an antibiotic eye cream from your chemist.

You may experience eyelashes sticking together, especially overnight. If so, clean your enhancement with damp cotton pads.

Do not SPLASH WASH your face.

If your enhancement gets wet, pat it dry with a clean tissue.

Some itching is normal. DO NOT PICK, PEEL OR RUB your enhancement. If it feels itchy just tap the lid below or above with a clean cotton bud. DO NOT SCRATCH.

Allow the colour to flake away by itself.

Do not wear contact lenses for 24 hours.

Use sunglasses to protect your eyes, especially for the first 2 days.

Purchase a new mascara once your makeup application resumes (old mascara typically contains bacteria, fungal spores and even mites).

No eyelash tinting or curling, or false lash application for the first 2 weeks after the procedure.

LIP PROCEDURES

For the first few days, use Ice packs, protected with fabric, to reduce any swelling.

Itching is normal. DO NOT PICK, PEEL OR RUB any loose skin off the epithelial crust. It is important that flaking comes off on its own accord.

By pulling or picking at the epithelial crust you will pull the colour from the skin, thus defeating the purpose of the procedure, and it could also cause scarring.

Until the crust peels off it is very important to do the following:

- Apply healing balm regularly using a clean cotton bud.
- Clean your lips twice daily with damp cotton pads.
- Keep your lips dry. Do not splash wash your face.
- If your lips get wet, pat it dry with a clean tissue.
- Avoid eating spicy or salty foods and drink through a straw for 3 days.
- No kissing for 5 days.

If you suffer from cold sores or ever had one in the past, use Zovirax or anti-herpes medication, 5 x daily for a week. If an outbreak occurs it will generally happen on day 3.

It is normal to experience dry skin for up to 3 weeks.

No bleaching, waxing, electrolysis or laser hair removal close to your enhancement for the first 2 weeks after the procedure.

Your colour will be stronger and more sharply defined for 4-5 days and then SHED AWAY APPEARING AS IF LITTLE OR NO COLOUR IS PRESENT. Over the next 2 weeks the colour will blossom into a considerably softer version of the original colour.

IT CAN TAKE UP TO 6 WEEKS FOR THE COLOUR TO MATURE TO THE FINAL HEALED COLOUR.

Your final result is the colour implanted plus the colour of your natural skin tone.

Use a good sunscreen on a daily basis. Sun exposure will fade your permanent cosmetics.

